



**Evidence-Based Treatment of Heart Failure, Anticoagulation and Pain Management**

**Antlers Hilton  
Colorado Springs, CO**

**August 8-10, 2012**

This program was originally presented on a cruise, March 10-17, 2012

**SPEAKER**



*Workshop Leader*  
**Kelly Jones,  
PharmD, BCPS**

Associate Professor of Family Medicine, Department of Family Medicine, McLeod Regional Medical Center, Florence, South Carolina; Adjunct Associate Professor and Adjunct Clinical Assistant Professor, Department of Community Pharmacy Practice and Administration, Medical University of South Carolina, Charleston, South Carolina.

*Disclosure: Dr. Jones has NO financial arrangements with any corporate organization that might have an interest in the subject being presented.*

**Wednesday, August 8, 2012: 6:00-7:30 Hotel breakfast buffet\* 7:00 AM - 7:30 AM Registration ; 7:30 AM – 1:00PM Educational Program**

**An Evidence-Based Heart Failure Review “You’re in pretty good shape for the shape you are in” Dr. Seuss**

*At the conclusion of this presentation, the participant should be able to:*

1. Discuss new pathophysiology findings surrounding heart failure and relate it to the shape of the heart.
2. List the new American Heart Association/American College of Cardiology staging criteria for heart failure.
3. Recognize which forms of heart failure affect predominantly the elderly and gender differences in heart failure type and prevalence.
4. Identify differences in systolic and diastolic heart failure in terms of pathophysiology and approach to treatment.
5. Identify the appropriate dose and important safety considerations for medications commonly utilized in patients with heart failure.
6. Interpret historical and recent clinical trial findings and their impact on heart failure treatment recommendations.
7. Identify medications that may exacerbate and/or precipitate heart failure.

**Thursday, August 9, 2012: 6:00-7:30 Hotel breakfast buffet\* 7:00 AM - 7:30 AM Registration ; 7:30 AM – 1:00PM Educational Program**

**A Comprehensive, Evidence-Based Review of Anticoagulation**

*At the conclusion of this presentation, the participant should be able to:*

1. Discuss the philosophical concepts of Evidence-Based Medicine (EBM) and how these principles can be applied to the medical decision making process in patients taking anticoagulation therapy.
2. Discuss the different type of research papers that provide outcomes that change the practitioner’s practice of medicine (disease-oriented vs. patient oriented). This principle will be applied to research in anticoagulation therapy.
3. Describe the concepts of relative risk reduction, absolute risk reduction, numbers needed to treat and numbers needed to harm and how these statistical measures can affect the data interpretation of anticoagulation studies.
4. Discuss the benefit and harm of aspirin for the primary prevention and secondary prevention of cardiovascular disease using evidence based research.
5. Discuss the appropriate dose of aspirin.
6. Discuss other antiplatelet therapy (clopidogrel, dipyridamole and aspirin, prasugrel) for primary care and the benefit in the primary and secondary prevention of stroke and heart attack.
7. Discuss a comprehensive review of warfarin, detailing the medications history, pharmacotherapy, pharmacokinetics, side effects and drug interactions.
8. Discuss new evidence (POEMS) surrounding anticoagulants. Trials to be discussed, but not limited to: ACTIVE-A, ACTIVE-W, WARSS, CAPRIE, CHARISMA, MATCH, ESPS-2, CURE, BDTA, ASA Prevention Study.
9. Discuss any new medications that come to market, using the safety, tolerability, efficacy, price and simplicity format (STEPS).

**Friday, August 10, 2012: 6:00-7:30 Hotel breakfast buffet\* 7:00 AM - 7:30 AM Registration ; 7:30 AM – 1:00PM Educational Program**

**A Comprehensive, Evidence-Based Review of Treating Pain and Suffering**

*At the conclusion of this presentation, the participant should be able to:*

1. Discuss the various classes of narcotics and any clinical pearls associated with each drug.
2. Describe an oral pain ladder based on potency.
3. List evidence-based efficacy outcomes for all medications discussed.
4. Discuss the recent FDA alerts on acetaminophen and propoxyphene.
5. Describe the role of analgesic adjunctive agents for patients with chronic pain. Dosage and efficacy will be discussed.
6. Analyze cases that allow conversion of one narcotic to another.
7. Discuss practice recommendations concerning the appropriate use of opioid analgesics in chronic pain.
8. Discuss several examples of pain management agreements between practitioner and patient.
9. Discuss pain medications where the benefit is not worth the risk of side effects and or addiction.
10. Review side effects of each drug and describe ways the practitioner can aid in reducing these side effects.
11. Discuss any new medications that come to market, using the safety, tolerability, efficacy, price and simplicity format (STEPS).

**Continuing Education Credit**

**PHARMACISTS:** University Learning Systems is accredited by the **Accreditation Council for Pharmacy Education (ACPE)** as a provider of continuing pharmacy education. All ULS seminars carry a ACPE UAN “P” designation.

**PHYSICIANS:** *This Live activity, Evidence-Based Treatment of Heart Failure, Anticoagulation, and Pain Management, with a beginning date of March 12, 2012, has been reviewed and is acceptable for up to 15.00 Elective credit(s) by the American Academy of Family Physicians. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician’s Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.*

**PHYSICIAN ASSISTANTS:** American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP.

**NURSE PRACTITIONERS:** The American Academy of Nurse Practitioners (AANP) accepts AAFP Prescribed credit.

**NURSES:** Provider approved by **California Board of Registered Nursing**, Provider No. CEP 11409, for 15 contact hours (1.5 CEU).

**OTHER HEALTH PROFESSIONALS:** Please contact your respective board regarding approval. Contact us if you need help or documentation

**Requirements For Credit:** Credit is dependent on verification of seminar attendance by on-time check-in at each session and ULS receipt of completed evaluations. Credit is determined based on actual attendance on a per session basis, no partial credit is awarded. Statements of Credit are usually issued on site at the conclusion of each session providing attendance requirements have been met. (Note: Approximately one 15 minute break per 2.5 hours.) Credited hours do not include breaks.



Session	ACPE UAN	Contact hours
Session 1	0741-0000-012-007-L01-P Activity: Knowledge	5
Session 2	0741-0000-012-008-L01-P Activity: Knowledge	5
Session 3	0741-0000-012-009-L01-P Activity: Knowledge	5

**Commercial Support Policy:** It is the policy of University Learning Systems (ULS) to provide an unbiased, fair and balanced approach to continuing education. Grants from pharmaceutical companies are not solicited and are accepted only with the understanding that University Learning Systems has complete control over the determination of topic, faculty and content. Such grants will be disclosed in the brochure and at the seminar if applicable. **No commercial support was received for this program.**

## Lodging

Room Type	Rate
Standard Room	<b>\$149</b>
Standard Room with Mountain View	<b>\$159</b>
Corner King	<b>\$169</b>
Corner King with Mountain View	<b>\$179</b>
<i>Hotel Name</i>	Antlers Hilton 4 South Cascade, Colorado Springs, Colorado, 80903-1685
<i>Hotel Web Page</i>	<a href="http://www.antlers.com/">http://www.antlers.com/</a>
<i>Hotel Reservation Number</i>	1 (866) 299-4602
<i>ULS Group Code</i>	ULS812
<i>ULS Group Expiration Date</i>	7/9/2012
<i>Hotel Taxes</i>	9.4%
<i>ULS Rates</i>	Based on Availability
<i>Check In Time</i>	3:00 pm
<i>Check Out Time</i>	12:00 pm
<i>Seminar Surcharge (If not staying at the hotel)</i>	<b>\$50.00</b>

1. Arrange Your Lodging first!
2. Make Your Airline Reservations.
3. Register to Attend the Seminar with ULS

- Online secure registration: [www.universitylearning.com](http://www.universitylearning.com)
- Fax registration form to 716-529-0550
- Phone registration call ULS at 800-940-5860

**Seminar Surcharge:** If you don't make reservations and stay at the hotel using the ULS Group Code, a nominal surcharge must be included.

Spouses, family and friends are welcome and do not pay the seminar fee unless they attend the educational sessions. Special seminar fees are available for non-professional accompanying persons who wish to attend one or more sessions (no special receipt, certification or credit is issued).

**ULS reserves the right to verify all rooming information with hotel and/or hotel has the right to release rooming information to ULS for all attendees.**

## Registration Fees

Per Person Seminar Fees	Early Bird Discount Up To 7/9/2012	Regular Fee
1 DAY	<b>\$299</b>	<b>\$329</b>
2 DAY	<b>\$399</b>	<b>\$429</b>
3 DAY	<b>\$499</b>	<b>\$529</b>
Professional Couple Seminar Fees	Early Bird Discount Up To 7/9/2012	Regular Fee
1 DAY	10% off early bird combined	10% off regular fee
2 DAY	10% off early bird combined	10% off regular fee
3 DAY	10% off early bird combined	10% off regular fee

**Seminar Fees:** Include workshop attendance, handouts, breakfast and refreshments during the meetings, certification of continuing education credit (usually issued on site) and a welcome gift. All persons attending the seminar must pay a seminar fee. **\*Breakfast coupons for seminar attendees will be provided for buffet breakfast in Hotel's Mountain View Restaurant available from 6:00 AM to 7:30 AM. Coupons will be provided at hotel check-in. Contact ULS for more information.\***

Date	Refund Policy
Up To 7/9/2012	Cancellations are subject to a <b>\$25</b> processing fee per person or you may apply your full registration fee one time to another program attended within 12 months.
After 7/9/2012	No refunds, although seminar fee less <b>\$25</b> processing fee may be applied one time to another program attended within 12 months.
After 7/25/2012	<b>No refunds</b> or application of fee to another program for cancellation, nonappearance or partial attendance.



PO Box 35\* East Amherst, NY 14051  
 Phone: 800-940-5860 or 716-529-0470 \* Fax: 716-529-0550  
 Email: [registrations@universitylearning.com](mailto:registrations@universitylearning.com) \* Web: [www.UniversityLearning.com](http://www.UniversityLearning.com)

### Antlers Hilton July 2012 Registration Form

Name (first, last): \_\_\_\_\_ Degree/Profession: \_\_\_\_\_  
 Spouse (if attending seminar): \_\_\_\_\_ Degree/Profession: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_  
 Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_  
 Cell Phone/Pager: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
 E-mail (required for seminar confirmation): \_\_\_\_\_

**Seminar Refund Policy:** Advance written notice is required. No refunds due to airline delays or cancellation of flights. Once application of the seminar fee to another program is chosen, there are no further refunds or application to another program should you cancel again. With the exception of Canada, we offer no international refunds. Refunds will be processed by original form of payment or by check only. Refunds may take 2-4 weeks to process after notification of cancellation.

NABP # \_\_\_\_\_ NABP (National Association of Boards of Pharmacy, along with ACPE, is switching to an online system for pharmacists to track their CME credits. We are required to gather this information at the point of registration. Need to register for an NABP profile ID? Simply go to [www.mycpemonitor.net](http://www.mycpemonitor.net) to register.

Date of Birth\* \_\_\_/\_\_\_/\_\_\_ (Date of Birth is used as an identifier for eReporting of Continuing Education credit.)

**Lodging:** If you don't make reservations and stay at the **Antlers Hilton** as described above, add the surcharge to the seminar fee. Reservations are verified by hotel rooming list. If you are sharing a room at the resort with another attendee, please indicate that in comments at the bottom of this page.

- I have made reservations (and will stay) at the Resort with the ULS Group Code.  
 I have NOT made reservations at the Resort under the ULS Group Code and have added the seminar surcharge.

**(Please note: Staying at Resort with offer other than the ULS Group Code, still requires payment of the Seminar Surcharge.)**

**Seminar Fee:** \$ \_\_\_\_\_ in U.S. Funds, for \_\_\_\_\_ Persons Wednesday \_\_\_\_\_ Thursday \_\_\_\_\_ Friday \_\_\_\_\_

#### Payment Methods for Seminar Fee

**Checks - for MAIL registration only.** Complete this form and mail with check payable to:

**University Learning Systems, PO Box 35, East Amherst NY 14051.**

Checks returned due to insufficient funds incur a \$50 fee.

**Credit Card:**  MasterCard  Visa  American Express  Discover

Your seminar registration fee will appear on your credit card statement as "University Learning Sys" or similar. Please share this information with the person responsible for paying the credit card company, as there is an extra charge of \$50 for any contested charge-backs. If you need further explanation on this, contact us.

**Credit Card Number:** \_\_\_\_\_ **Exp. Date:** (mo.) \_\_\_\_\_ (yr) \_\_\_\_\_

**CVV2/Card Security Code** (3 digits on Visa/MasterCard, located on back of card; 4 digits on the front of American Express) \_\_\_\_\_

**Cardholder Name** (as on the card): \_\_\_\_\_

Phone Numbers of Cardholder (if different than seminar participant)

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Billing Address of Cardholder if different than above: \_\_\_\_\_

If registering by FAX or MAIL, you must sign here: \_\_\_\_\_

Have you ever attended a University Learning Systems seminar?  No  Yes

If this is your first time attending a ULS seminar and were referred by a previously attendee, let us know by whom. \_\_\_\_\_

**COMMENTS:**

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