



University Learning Systems "Relax & Learn"

Workshop Leader

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Disclosure: Dr. Jones has NO financial arrangements with any corporate organization that might have an interest in the subject being presented.

Evidence-Based Treatment of Heart Failure, Anticoagulation and Pain Management

Eastern Caribbean Cruise & Seminar

Aboard *Oasis of the Seas*

March 10-17, 2012



Monday, March 12, 2012 – Check In: 7:15AM; Educational Session 7:30 AM-1:00 PM

An Evidence-Based Heart Failure Review

“You’re in pretty good shape for the shape you are in” Dr. Seuss

At the conclusion of this presentation, the participant should be able to:

1. Discuss new pathophysiology findings surrounding heart failure and relate it to the shape of the heart.
2. List the new American Heart Association/American College of Cardiology staging criteria for heart failure.
3. Recognize which forms of heart failure affect predominantly the elderly and gender differences in heart failure type and prevalence.
4. Identify differences in systolic and diastolic heart failure in terms of pathophysiology and approach to treatment.
5. Identify the appropriate dose and important safety considerations for medications commonly utilized in patients with heart failure.
6. Interpret historical and recent clinical trial findings and their impact on heart failure treatment recommendations.
7. Identify medications that may exacerbate and/or precipitate heart failure.

Thursday, March 15, 2012 – Check In: 7:15AM; Morning Session 7:30 AM-1:00 PM

A Comprehensive, Evidence-Based Review of Anticoagulation

At the conclusion of this presentation, the participant should be able to:

1. Discuss the philosophical concepts of Evidence-Based Medicine (EBM) and how these principles can be applied to the medical decision making process in patients taking anticoagulation therapy.
2. Discuss the different type of research papers that provide outcomes that change the practitioner’s practice of medicine (disease-oriented vs. patient oriented). This principle will be applied to research in anticoagulation therapy.
3. Describe the concepts of relative risk reduction, absolute risk reduction, numbers needed to treat and numbers needed to harm and how these statistical measures can affect the data interpretation of anticoagulation studies.
4. Discuss the benefit and harm of aspirin for the primary prevention and secondary prevention of cardiovascular disease using evidence based research.
5. Discuss the appropriate dose of aspirin.
6. Discuss other antiplatelet therapy (clopidogrel, dipyridamole and aspirin, prasugrel) for primary care and the benefit in the primary and secondary prevention of stroke and heart attack.
7. Discuss a comprehensive review of warfarin, detailing the medications history, pharmacotherapy, pharmacokinetics, side effects and drug interactions.
8. Discuss new evidence (POEMS) surrounding anticoagulants. Trials to be discussed, but not limited to: ACTIVE-A, ACTIVE-W, WARSS, CAPRIE, CHARISMA, MATCH, ESPS-2, CURE, BDTA, ASA Prevention Study.
9. Discuss any new medications that come to market, using the safety, tolerability, efficacy, price and simplicity format (STEPS).

Friday, March 16, 2012 – Check In: 7:15AM; Morning Session 7:30 AM – 1:00PM

A Comprehensive, Evidence-Based Review of Treating Pain and Suffering

At the conclusion of this presentation, the participant should be able to:

1. Discuss the various classes of narcotics and any clinical pearls associated with each drug.
2. Describe an oral pain ladder based on potency.
3. List evidence-based efficacy outcomes for all medications discussed.
4. Discuss the recent FDA alerts on acetaminophen and propoxyphene.
5. Describe the role of analgesic adjunctive agents for patients with chronic pain. Dosage and efficacy will be discussed.
6. Analyze cases that allow conversion of one narcotic to another.
7. Discuss practice recommendations concerning the appropriate use of opioid analgesics in chronic pain.
8. Discuss several examples of pain management agreements between practitioner and patient.
9. Discuss pain medications where the benefit is not worth the risk of side effects and or addiction.
10. Review side effects of each drug and describe ways the practitioner can aid in reducing these side effects.
11. Discuss any new medications that come to market, using the safety, tolerability, efficacy, price and simplicity format (STEPS).

CONTINUING EDUCATION CREDIT

PHARMACISTS: University Learning Systems is accredited by the **Accreditation Council for Pharmacy Education** as a Provider of continuing pharmacy education.

PHYSICIANS: This Live activity, **Evidence-Based Treatment of Heart Failure, Anticoagulation, and Pain Management**, with a beginning date of March 12, 2012, has been reviewed and is acceptable for up to 15.00 Elective credit(s) by the American Academy of Family Physicians. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

PHYSICIAN ASSISTANTS: American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP.

NURSES: Provider approved by **California Board of Registered Nursing, Provider No. CEP 11409**, for 15 contact hours (1.5 CEU).

OTHER HEALTH PROFESSIONALS: Please contact your respective board regarding approval. Contact us if you need help or documentation substantiating ULS program quality.

Session	ACPE UAN	Contact Hours
Session 1	0741-0000-12-007-L01-P Activity: Knowledge	5
Session 2	0741-0000-12-008-L01-P Activity: Knowledge	5
Session 3	0741-0000-12-009-L01-P Activity: Knowledge	5



AAFP



AMA



Requirements For Credit: Credit is dependent on verification of seminar attendance by on-time check-in at each session and ULS receipt of completed evaluations. Credit is determined based on actual attendance on a per session basis, no partial credit is awarded. Statements of Credit are usually issued on site at the conclusion of each session providing attendance requirements have been met. (Note: Approximately one 15 minute break per 2.5 hours. Credited hours do not include breaks.)

Commercial Support: It is the policy of University Learning Systems (ULS) to provide an unbiased, fair and balanced approach to continuing education. Grants from pharmaceutical companies are not solicited and are accepted only with the understanding that University Learning Systems has complete control over the determination of topic, faculty and content. Such grants will be disclosed in the brochure and at the seminar if applicable. **No commercial support has been received for this program.**

7/23/11



Seminar Fees

Table with 3 columns: Fee Category, Advance Fee (Up to 12/6/2011), Regular Fee (After 12/6/2011). Rows include Per Person Seminar Fees, Combined Seminar Fees for Health Professional Spouses.

How to Attend this Program

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- 1. Make Your Cruise Reservations.
2. Make Your Airline Reservations.
3. Register to Attend the Seminar NOW
- Online secure registration: www.UniversityLearning.com
- Fax registration form to 716-529-0550
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Seminar Information and Fees: Seminar Fees Include workshop attendance, handouts, snacks and refreshments during the meetings and a welcome gift. Statements of continuing education credit are issued on site. All persons attending the seminar must pay a seminar fee. Fees payable in US Dollars.

Discounted Advance Fee Expiration Date: Register early and save.

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Contact Travel Leaders/ Luxury Travel Network. for current cabin pricing.

SINGLES AND OTHER CABIN CATEGORIES MAY ALSO BE AVAILABLE.

Port/government fees and fuel charges additional. Roundtrip transfers are available.

Prices are subject to change without notice. Deposit of 20% due at time of booking. Full payment due by December 6, 2011.

ULS Recommends Trip Cancellation Insurance

March 10-17, 2012 - Eastern Caribbean Cruise on Oasis of the Seas

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We are required to gather this information at the point of registration. Need to register for an NABP profile ID? Simply go to www.mycpemonitor.net to register.)

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Seminar Refund Policy: Advance written notice is required. Up to 2/01/2012: Cancellations are subject to a \$50 processing fee per person or you may apply your full registration fee one time to another program attended within 12 months. After 2/01/2012 to 2/15/2012: No refunds, although seminar fee less \$25 processing fee may be applied one time to another program attended within 12 months. After 2/15/2012: No refunds or application of fee to another program for cancellation, nonappearance or partial attendance. No refunds due to airline delays or cancellation of flights. Once application of the seminar fee to another program is chosen, there are no further refunds or application to another program should you cancel again. With the exception of Canada, we offer no international refunds. Refunds processed by original form of payment or by check only. Refunds may take 2-4 weeks to process after notification of cancellation.