



Transitions in Health Care: Evidence Based Strategies for Empowering Patients and Improving Outcomes

Hyatt Regency Pier Sixty-Six
Ft. Lauderdale, Florida - January 26-28, 2012

Earn 15 hours of ACPE credit, 15 hours of AAFP Prescribed credit or AMA PRA Category 1 credit™.



Workshop Leader

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Session 1 - Thursday January 26, 2012, Breakfast and Registration - 7:00am - 7:30am; Educational Session - 7:30am - 1:00pm
Providing Patient Centered Care: Health Care Delivery Transformation to Meet the Changing Needs of Providers and Patients

At the conclusion of this program, the participant should be able to:

1. Define the Patient-Centered Medical Home concept and its impact on patient care.
2. Explore various models of team-based care (medical, nursing, pharmacy) and the impact on patient satisfaction and outcomes.
3. Identify the elements that must be met to obtain Patient-Centered Medical Home certification.
4. Describe the process for NCQA provider recognition in various disease states.
5. Develop strategies for system redesign that will facilitate more patient centered care (attendee group activity).
6. Review options for enhanced reimbursement for providers and healthcare practices based on achievement of quality metrics.

Session 2 - Friday, January 27, 2012, Breakfast and Registration - 7:00am - 7:30am; Educational Session - 7:30am - 1:00pm
Beyond the Guidelines: Strategies to Enable Patients with Diabetes to Take Responsibility for their Health and Reach Self-Management Goals

At the conclusion of this program, the participant should be able to:

1. Explain the rationale and recommendations for meal planning and physical activity for persons with diabetes.
2. Develop an individualized self-management plan for self-care behaviors including medications, monitoring, food choices and physical activity.
3. Review the role of motivational interviewing in assisting patients to make behavioral changes and achieve self-management goals (role play and cases).
4. Demonstrate, through case-based activities, the elements of the patient teaching process as described by the National Standards for Diabetes Self-Management Education.
5. Discuss the impact of psychosocial issues, culture, and health beliefs on diabetes self-care practices.
6. Discuss the evidence supporting the role of herbal and natural therapies in diabetes management.
7. Discuss the evidence supporting the role of non-traditional exercise activities, such as yoga, in diabetes management.

Session 3 - Saturday, January 28, 2012, Breakfast and Registration - 7:00am - 7:30am; Educational Session - 7:30am - 1:00pm
The Impact of Depression on Chronic Diseases: Optimizing Clinical Outcomes in the Treatment of Major Depressive Disorder (MDD)

At the conclusion of this program, the participant should be able to:

1. Discuss the impact of depression on patient adherence and ability to make effective behavior change.
2. Review evidence on the impact of depression on clinical outcomes in patients with cardiovascular disease including strokes, chronic heart failure and myocardial infarctions.
3. Discuss the role of emotional distress in diabetes: recognizing and overcoming 'diabetes burnout'.
4. Discuss initiation, appropriate titration and duration of antidepressant therapy to achieve optimal clinical outcomes.
5. Describe the role of measurement based tools in diagnosis and evaluation of clinical response in patients with depression.
6. Evaluate the evidence for the role of new antidepressant products and formulations.

Continuing Education Credit



PHARMACISTS: University Learning Systems is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

PHYSICIANS: This Live activity, *Transitions in Health Care: Evidence Based Strategies for Empowering Patients and Improving Outcomes*, with a beginning date of January 26, 2012, has been reviewed and is acceptable for up to 15 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The American Medical Association (AMA) recognizes AAFP Prescribed credit as equivalent to AMA PRA Category 1 credit™.

AAFP

PHYSICIAN ASSISTANTS: American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP.



NURSES: Provider approved by California Board of Registered Nursing, Provider No. CEP 11409, for 15 contact hours (1.5 CEU).

OTHER HEALTH PROFESSIONALS: Please contact your respective board regarding approval. Contact us if you need help or documentation.

AMA

PHARMACY TECHNICIANS: All ULS seminars carry a ACPE UAN "P" designation. Please contact your licensing body to determine if they will accept this credit.

Requirements For Credit: Credit is dependent on verification of seminar attendance by on-time check-in at each session and ULS receipt of completed evaluations. Credit is determined based on actual attendance on a per session basis, no partial credit is awarded. Statements of Credit are usually issued on site at the conclusion of each session providing attendance requirements have been met. (Note: Approximately one 15 minute break per 2.5 hours.) Credited hours do not include breaks.



Session	ACPE UAN	Contact Hours
Session 1	0741-0000-12-001-L01 Activity: Knowledge	5
Session 2	0741-0000-12-002-L01 Activity: Knowledge	5
Session 3	0741-0000-12-003-L01 Activity: Knowledge	5

Commercial Support Policy: It is the policy of University Learning Systems (ULS) to provide an unbiased, fair and balanced approach to continuing education. Grants from pharmaceutical companies are not solicited and are accepted only with the understanding that University Learning Systems has complete control over the determination of topic, faculty and content. Such grants will be disclosed in the brochure and at the seminar if applicable. **No commercial support was received for this program.**

10/7/11



Hotel Reservations

1-888-421-1442

Room Type	Rate
Garden Marina	\$199
Deluxe Lanai	\$219
Tower Deluxe	\$239
Tower Executive	\$279
One Bedroom Suite	\$899

ULS Group Code	University Learning Systems
ULS Group Expiration Date	12/23/2011
ULS Rates Applicable Dates	1/23/2012—1/30/2012
Hotel Taxes	11%
Resort Fee	\$15/day
Check In Time	4:00 pm
Check Out Time	12:00 pm
Seminar Surcharge (If not staying at the hotel)	\$50.00



PO Box 35 * East Amherst, NY 14051
 Phone: 800-940-5860 or 716-529-0471 * Fax: 716-529-0550
 Email: registrations@universitylearning.com * Web: www.UniversityLearning.com



Seminar Registration

800-940-5860

Per Person Seminar Fees	Early Bird Discount Up To 12/23/2011	Regular Fee
1 DAY	\$299	\$329
2 DAY	\$399	\$429
3 DAY	\$499	\$529

Professional Couple Seminar Fees	Early Bird Discount Up To 12/23/2011	Regular Fee
1 DAY	10% off combined	10% off combined
2 DAY	10% off combined	10% off combined
3 DAY	10% off combined	10% off combined

Date	Refund Policy
Up to December 23, 2011	Cancellations are subject to a \$50 processing fee per person or you may apply your full registration fee one time to another program attended within 12 months.
After December 23, 2011	No refunds, although seminar fee less \$50 processing fee may be applied one time to another program attended within 12 months.
After January 12, 2012	No refunds or application of fee to another program for cancellation, nonappearance or partial attendance.

Hyatt Regency Pier Sixty-Six: January 2012 Registration Form

Name (first, last): _____ Degree/Profession: _____
 Spouse (if attending seminar): _____ Degree/Profession: _____
 Address: _____
 City: _____ State/Province: _____ Postal Code: _____ Country: _____
 Daytime Phone: _____ Evening Phone: _____
 Cell Phone/Pager: _____ Fax Number: _____
 E-mail (required for seminar confirmation): _____

**Date of Birth ____/____/____ (Date of Birth is used as an identifier for eReporting of Continuing Education credit.)
 NABP # _____ (NABP (National Association of Boards of Pharmacy, along with ACPE, is switching to an online system for pharmacists to track their CME credits. We are required to gather this information at the point of registration. Need to register for an NABP profile ID? Simply go to www.mycpemonitor.net to register.)

Lodging: If you don't make reservations and stay at the Hyatt Regency Pier Sixty-Six as described above, add the surcharge to the seminar fee. Reservations are verified by hotel rooming list. If you are sharing a room at the resort with another attendee, please indicate that in comments at the bottom of this page.

___ I have made reservations (and will stay) at the Resort with the ULS Group Code.
 ___ I have NOT made reservations at the Resort under the ULS Group Code and have added the seminar surcharge.

(Students commuting from their home in the local area do NOT pay the surcharge.)

(Please note: Staying at the Resort with offers other than the ULS Group Code, still requires payment of the Seminar Surcharge.)

Seminar Fee: \$ _____ in U.S. Funds, for _____ Persons Thursday _____ Friday _____ Saturday _____

Payment Methods for Seminar Fee

___ Checks - for MAIL registration only. Complete this form and mail with check payable to:
 University Learning Systems, PO Box 35, East Amherst, NY 14051 Checks returned due to insufficient funds incur a \$50 fee.

___ Credit Card: ___ MasterCard ___ Visa ___ American Express ___ Discover

Your seminar registration fee will appear on your credit card statement as "University Learning Sys" or similar.

Please share this information with the person responsible for paying the credit card company, as there is an extra charge of \$50 for any contested charge-backs. If you need further explanation on this, contact us.

Credit Card Number: _____ Exp. Date: (mo.) _____ (yr) _____

CVV2/Card Security Code (3 digits on Visa/MC, located on back of card; 4 digits on the front of AMEX) _____

Cardholder Name (as on the card): _____

Phone Numbers of Cardholder (if different than seminar participant)

Daytime Phone: _____ Evening Phone: _____

Billing Address of Cardholder if different than above: _____

If registering by FAX or MAIL, you must sign here: _____

Have you ever attended a University Learning Systems seminar? ___ No ___ Yes

If this is your first time attending a ULS seminar and were referred by a previous attendee, let us know by whom: _____

1. Arrange Your Lodging first!
2. Make Your Airline Reservations.
3. Register to Attend the Seminar with ULS
 - Online secure registration: www.universitylearning.com
 - Fax registration form to 716-529-0550
 - Phone registration call ULS at 800-940-5860

Seminar Surcharge: If you don't make reservations and stay at the hotel using the ULS Group Code, a nominal surcharge must be included.

Spouses, family and friends are welcome and do not pay the seminar fee unless they attend the educational sessions. Special seminar fees are available for non-professional accompanying persons who wish to attend one or more sessions (no special receipt, certification or credit is issued).

Physically Impaired? If you have impairments which require assistance in order to participate in this seminar, please let us know when you register.

Seminar Refund Policy: Advance written notice is required. No refunds due to airline delays or cancellation of flights. Once application of the seminar fee to another program is chosen, there are no further refunds or application to another program should you cancel again. With the exception of Canada, we offer no international refunds. Refunds processed by original form of payment or by check only. Refunds may take 2-4 weeks to process after notification of cancellation.

Seminar Fees: Include workshop attendance, handouts, full buffet breakfasts and refreshments during the meetings, certification of continuing education credit (usually issued on site) and a welcome gift. All persons attending the seminar must pay a seminar fee