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Workshop Leader
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Considerations for the Management of Diabetes and Osteoporosis in 2010

Alaska Seattle to Seattle Inside Passage Cruise & Seminar

July 24 - 31, 2010

Sunday July 25, 2010– Morning Session Check-in 7:45 AM Educational Session 8:00 AM - 2:00 PM

Update on Insulin Therapy, Combination Therapy with Insulin in Type 2 Diabetes, and the Management of Hypoglycemia.

At the conclusion of this presentation, the participant will be able to:

1. Review currently available insulin products and delivery devices, and discuss insulin products currently in the developmental pipeline;
2. Utilize clinical scenarios to outline common blood glucose profiles in patients with diabetes, and suggest appropriate initial insulin regimens and insulin dosing adjustments to attain A1C goals;
3. Utilize clinical scenarios to outline strategies for insulin intensification and/or dose adjustments to fine-tune therapy;
4. Discuss strategies for insulin initiation and intensification in terms of combination therapy in the patient with T2DM to meet treatment goals;
5. Discuss pearls and pitfalls of insulin use in combination with other anti-diabetic therapies;
6. Define hypoglycemia and discuss strategies for treating hypoglycemic events;
7. Discuss strategies for avoiding hypoglycemic episodes in patients with diabetes mellitus;
8. Utilize clinical scenarios to outline common causes of hypoglycemia, and suggest appropriate interventions and/or strategies for the management of hypoglycemia.

Thursday July 29, 2010– Afternoon Session Check-in 1:15 PM Educational Session 1:30 PM - 4:30 PM

Update on the Treatment of Osteoporosis: Drug-Induced Osteoporosis, Current and New Drug Targets, and New Considerations in Patient Management.

At the conclusion of this presentation, the participant will be able to:

1. Outline and discuss the common culprits of drug-induced osteoporosis;
2. Discuss recent evidence and treatment considerations involving calcium and vitamin D supplementation;
3. Review and discuss currently available treatment for people with osteoporosis;
4. Outline and discuss new drug targets for the treatment of osteoporosis and discuss recent issues and advancements regarding the management of patients with osteoporosis.

Friday July 30, 2010– Morning Session Check-in 7:45 AM Educational Session 8:00 AM - 2:00 PM

Neuroendocrine Dysfunction in Diabetes Mellitus, Diabetic Peripheral Neuropathy, and Care of the Elderly Patient with Type 2 Diabetes.

At the conclusion of this presentation, the participant will be able to:

1. Explain neuroendocrine dysfunction and how it contributes to metabolic disturbances in diabetes mellitus;
2. Discuss the incretin effect and its role as a drug therapy target in the management of diabetes, and compare and contrast the pharmacological actions and side effect profiles of GLP-1 agonists (e.g. exenatide) and DPP-4 inhibitors (e.g. sitagliptin, saxagliptin);
3. Discuss the role of amylinomimetics (e.g. pramlintide) in the treatment of diabetes;
4. Discuss diabetic peripheral neuropathy and its management;
5. Discuss care considerations for the elderly patient with type 2 diabetes mellitus.



PHARMACISTS: University Learning Systems is accredited by the Accreditation Council for Pharmacy Education as a Provider of continuing pharmacy education.

PHYSICIANS: This activity has been reviewed and is acceptable for up to 13.75 Prescribed credits by the American Academy of Family Physicians (AAFP). The American Medical Association (AMA) recognizes AAFP Prescribed credit as equivalent to AMA PRA Category 1 credit™.

PHYSICIAN ASSISTANTS: American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP.

NURSES: Provider approved by California Board of Registered Nursing, Provider No. CEP 11409, for 15 contact hours (1.5 CEU).

OTHER HEALTH PROFESSIONALS: Please contact your respective board regarding approval. Contact us if you need help or documentation substantiating ULS program quality.

SESSION	ACPE UPN #	ACTIVITY	CREDIT
Session 1	741-000-10-011-L01/P	Activity: Knowledge	6 hours
Session 2	741-000-10-012-L01/P	Activity: Knowledge	3 hours
Session 3	741-000-10-013-L01/P	Activity: Knowledge	6 hours



Credit is dependent on verification of seminar attendance by on-time check-in at each session and ULS receipt of completed evaluations. Credit is determined based on actual attendance on a per session basis. **Statements of Credit are usually issued on site at the conclusion of each session providing attendance requirements have been met.** (Note: Approximately one 15 minute break per 2 hours.)

Commercial Support: It is the policy of University Learning Systems (ULS) to provide an unbiased, fair and balanced approach to continuing education. Grants from pharmaceutical companies are not solicited and are accepted only with the understanding that University Learning Systems has complete control over the determination of topic, faculty and content. Such grants will be disclosed in the brochure and at the seminar if applicable. **No commercial support has been received for this program.**



1	Seattle, Washington	12:00 AM	4:00 PM
2	At Sea		
3	Juneau, Alaska	12:00PM	10:00PM
4	Skagway, Alaska	6:00 AM	8:15 PM
5	Glacier Bay National Park	6:00 AM	3:00 PM
6	Ketchikan, Alaska	7:00AM	12:30 PM
7	Victoria, British Columbia	7:00 PM	11:59PM
8	Seattle, Washington	7:00 AM	

CABIN PRICING

Contact Kim Zuccarello or Leslie at TravelLeaders to obtain the current pricing for this cruise

1-800-638-5124 ext .6870
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SINGLES AND OTHER CABIN CATEGORIES MAY ALSO BE AVAILABLE.

Add \$235.00 per person port/government fees and fuel charges. Roundtrip transfers are available for \$48/person. Prices are subject to change without notice. Call for most current prices.



Optional Airfare is available from many gateway cities

ULS Recommends Trip Cancellation Insurance

Seminar Fees

	Discounted Advance Fee Up to 5/1/2010	Regular Fee After to 5/1/2010
Per Person Seminar Fees	\$495	\$520
Combined Seminar Fees for Health Professional Spouses	\$940	\$990

How to Attend this Program

1. Arrange your cruise reservation first! Contact **Kim Zuccarello** at TravelLeaders at **800-638-5124 ext. 6870** or **Leslie** at ext. 6853 Email: kzuccarello@traveleaders.com . Deposit of 20% due at time of booking. Full payment due by December 7, 2009.

2. Make Your Airline Reservations.

3. Register to Attend the Seminar NOW

- Online secure registration: www.UniversityLearning.com
- Fax registration form to **703-689-4452**
- Phone registration call ULS at **800-940-5860**

Seminar Information and Fees: Seminar Fees Include workshop attendance, handouts, snacks and refreshments during the meetings and a welcome gift. Statements of continuing education credit are issued on site. All persons attending the seminar must pay a seminar fee. Fees payable in US Dollars.

Discounted Advance Fee Expiration Date: Register early and save.

Seminar Surcharge A modest fee of \$150.00 per stateroom is added if you do not make cruise reservations with **Kim Zuccarello** of Travel Leaders.

Processing: After online registration submission the form will be reviewed, discounts applied based on attendance and referrals, and the processed order returned to you via email and USPS. We will check with you before making any change that increases the price you entered.

For Questions about the Cruise, or to make your Cruise Reservations by phone directly with TravelLeaders, please call **800-638-5124 ext. 6870**, Monday-Friday, 10:00 AM to 5:00 PM Eastern Time, and ask for **KIM** or **LESLIE**.



478 Eiden Street, #207 * Herndon VA 20171-4513
Phone: 800-940-5860 or 703-689-4470 * Fax: 703-689-4452
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Considerations for the Management of Diabetes and Osteoporosis in 2010 – July 24–31, 2010 – Alaska Inside Passage on the Golden Princess

Name (first, last): _____ Degree/Profession: _____
 Spouse (if attending seminar): _____ Degree/Profession: _____
 Address: _____
 City: _____ State/Province: _____ Postal Code: _____ Country: _____
 Daytime Phone: _____ Evening Phone: _____
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Cruise Reservations with Kim or Leslie at TravelLeaders? Yes No

Make your Cruise Reservations by phone directly with TravelLeaders, please call 800-638-5124 (Monday-Friday, 10:00 AM to 5:00 PM Eastern Time) and ask for **KIM** or **LESLIE** . Both the seminar registration and cruise reservation must be made with University Learning Systems and TravelLeaders, respectively. Otherwise, a seminar surcharge of \$150 per stateroom applies.

Seminar Fee: \$ _____ in U.S. Funds, for _____ Persons

Payment Methods for Seminar Fee

Checks – for MAIL registration only. Complete this form and mail with check payable to: **University Learning Systems, 478 Eiden Street, #207, Herndon, VA 20170-4513.**

Checks returned due to insufficient funds incur a \$50 fee

Credit Card: MasterCard Visa American Express Discover

Your seminar registration fee will appear on your credit card statement as "University Learning Sys" or similar. Please share this information with the person responsible for paying the credit card company, as there is an extra charge of \$50 for any contested charge-backs. If you need further explanation on this, contact us.

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If registering by FAX or MAIL, you must sign here: _____

Have you ever attended a University Learning Systems seminar? No Yes

If this is your first time attending a ULS seminar and were referred by a previously attendee, let us know by whom.

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